

## LOUDOUN SENIOR INTEREST NETWORK (LSIN)

[www.loudounseniors.org](http://www.loudounseniors.org)

### MEETING MINUTES

May 4<sup>th</sup>, 2011

1. Meeting opened by **Ray Mauk, RE/MAX Select**, LSIN Chair.  
703-771-2345 x 345, [Ray@RayMauk.net](mailto:Ray@RayMauk.net) **Mary Jane Barney Butler, L.S.I.N. Co-Chair.**  
**Area Agency on Aging**, 703-771-5600, [MaryJane.BarneyButler@loudoun.gov](mailto:MaryJane.BarneyButler@loudoun.gov)
2. **Member Introductions.** Member roster is being passed around, please update.  
Sign up for **Spotlight 2011.**
3. **Minutes of meeting** held on April 6<sup>th</sup>, approved.
4. **Treasurer's Report, Travis Kelley.** Current balance is \$22,314.00.  
All the expenses for Senior Expo 2011 to be paid as invoices are received.
5. **LSIN web site.** [www.loudounseniors.org](http://www.loudounseniors.org) To update your information please contact **Joyce Cimbalista**, [j cimbalista@hotmail.com](mailto:jcimbalista@hotmail.com). Events Page for LSIN members, fill out your event information and it will be posted on the site. Check the events page for senior events.
6. **Senior Expo 2011 update: Susan Balinger**, Spring Arbor, 703-777-9300,  
[l bmktg@hhhunt.com](mailto:l bmktg@hhhunt.com) Senior Expo information on the web site [www.loudounseniors.org](http://www.loudounseniors.org).  
Everything is organized for 86 vendors. The side door entrance is available for vendors to arrive and set up at 2:00pm. Volunteers are needed for set up for an hour from 9:30am to 10:30am.  
All vendors please bring a dozen cookies and a twelve pack of water. These will be used as refreshments for the seniors.

**LSIN Spotlight: Tony Schaffer, Schaffer Construction**, 703-443-1861,  
[info@schafferconstruction.com](mailto:info@schafferconstruction.com) Schaffer Construction; Designs for Life, LLC is a family owned and operated business serving seniors and people needing access with special needs for 3.5 years. Schaffer is a Certified Aging-In-Place Specialist (CAPS since 2008) providing access solutions for clients planning to stay in their homes. They have Liability Insurance Class D and Tony is a VA contractor. They are the leading Harmar stair lift dealer in NVA. Platform wheelchair lifts, roll-in curb less showers, accessible bathrooms and kitchens, ramps and grab bars are installed when needed to enable the senior to stay in their home. Move or improve? What can you do to improve your home and stay there longer and continue the memories? Often when a person is ready for discharge from Rehab their home is not ready to receive them. There are modifications that will allow you to safely access your home again. Schaffer Construction will work with medical professionals such as discharge planners, PT and OT and family members to ensure modifications are completed and person specific. Emergency modifications are also available as often discharge time is short. Schaffer Construction is the proud founder of the NVA Fall Prevention Coalition (NVFPC). They received the 2010 Community Partner Award from the Endependence Center of NVA. They are a Veteran's Administration (VA) accepted builder and a Medicaid Provider. Modify your existing home to meet your changing needs. It is best to have modifications done before you actually need them as this can prevent falls.  
For a free consultation call 703-443-1861 or visit [www.schafferconstruction.com](http://www.schafferconstruction.com)

### 7. Announcements:

**Jared Melvin, Loudoun Insurance Group**, 571-426-2139,  
[jared@loudouninsurancegroup.com](mailto:jared@loudouninsurancegroup.com) covering Loudoun and Fairfax County and VP for membership of the Loudoun County Chamber of Commerce, [www.loudounchamber.org](http://www.loudounchamber.org)

- **Monday, May 9<sup>th</sup> from 11:30am to 1:30pm Senator Mark Warner** will brief members of the Loudoun County, Greater Reston and Dulles Regional Chambers of Commerce on the "Federal Budget and the Effect on Local Businesses" on Monday, May 9 at the Center for Innovative Technology. There will be a question and answer period. Boxed lunches will be served. The Center for Innovative Technology is a secure facility; **all registration must be completed in advance by 4 p.m. Friday, May 6. NO walk-in registrations will be allowed.** The Loudoun County, Greater Reston and Dulles Regional Chambers of Commerce formed the Northern Virginia Regional Partnership in 2009 to work collaboratively to address business and quality of life issues in the Dulles region. **Event Location:** Center for Innovative Technology, 2214 Rock Hill Rd #600, Herndon, VA 20170 (703) 777-2176.

- **Thursday, May 12<sup>th</sup>** at 7:30 AM – **Business Showcase Breakfast** at Belmont Country Club.

- **Friday, May 13<sup>th</sup>** at 8 AM – Loudoun County's **State of Transportation** address will be delivered by the State Secretary of Transportation, Sean Connaughton at the Doubletree Hotel, Dulles Airport – Sterling.

**Additionally, the Town of Leesburg is holding a special event on:**

- **Tuesday, May 17<sup>th</sup>** at 6 PM – **10<sup>th</sup> Annual Leesburg Business Appreciation Awards** at the ProJet Aviation Hanger at the Leesburg Airport.

**Alex Seyedian, The Lovettsville Home Assisted Living**, 540-822-3824, [thelovettsvillehome@yahoo.com](mailto:thelovettsvillehome@yahoo.com) The Lovettsville Home Assisted Living, an Assisted Living with 8 beds has an opening available. New residents will receive 10% discount when they move in during the month of May.

**Tiffany Taylor, Monroe House Assisted Living**, 703-896-9590, [monroehouse-CRD@emeritus.com](mailto:monroehouse-CRD@emeritus.com) [www.monroehousealf.com](http://www.monroehousealf.com) You are invited to the Open House at Monroe House, "cruise themed party" on May 19<sup>th</sup> from 4:00pm to 6:00pm. Monroe House, 46555 Harry Byrd Highway, Sterling, VA 20164, R.S.V.P. 703-896-9590.

**Jessica Ford, Capital Caring**, 571-228-4770, [jford@capitalcaring.org](mailto:jford@capitalcaring.org) Capital Caring, CEO, Malene Davis, will be speaking at the next LSIN meeting. Capital Caring is one of the Spotlights for June. We are VERY excited for everyone to meet her!

**Sarah Benson, ElderTree Care Management Services**, 703-477-9246, [sarah@eldertreecare.com](mailto:sarah@eldertreecare.com) ElderTree Care Management Services will be leading a monthly Alzheimer's Family Support Group every fourth Thursday at 11am, at Great Falls Assisted Living. The next support group will be on May 26<sup>th</sup>. All are welcome. If you have any questions, contact Sarah Benson at, (703) 477-9246.

**Frank Hyatt, Woodland Assisted Living**, 540-226-4482, [fjhyatt@verizon.net](mailto:fjhyatt@verizon.net) Woodland Assisted Living in Lovettsville currently has a single open at \$2,800 and shared doubles begin at \$2,400. Woodland Assisted Living offers Dementia care. Visit our web site for more information [www.woodlandhome.com](http://www.woodlandhome.com) . You are invited to come and visit our home.

**Joan Thomas, Birmingham Green**, 703-257-0935, [jthomas@birminghamgreen.org](mailto:jthomas@birminghamgreen.org) Birmingham Green: District Home Assisted Living has private bed openings and they also offer short-term Respite. The rate starts at \$1,830.00 per month, or daily \$61-67.00.

**Leah Daily, Heartland Hospice**, 703-910-1075 - [ldaily@hcr-manorcare.com](mailto:ldaily@hcr-manorcare.com) Sudley Manor House in Manassas, May 14<sup>th</sup>. Heartland Hospice honors Veterans and Heartland Hospice is now a Level One Partner with VA.

**Jane Johnson, Medical Pros On Call**, The reliable Home Care Experts,  
703-273-8818, [jane@medprosoncall.com](mailto:jane@medprosoncall.com) [www.medprosoncall.com](http://www.medprosoncall.com)

**Betsy Sue Scott, Law Office of Betsy Sue Scott**, 703-871-5070, [info@bsscottlaw.com](mailto:info@bsscottlaw.com)  
"Betsy Sue Scott, Esq. of the Law Office of Betsy Sue Scott will give a presentation for the Alzheimer's Association on  
**Legal Tools for Caregivers on Tuesday, May 10th, at 7 pm** at the Sherwood Regional Library, 2501 Sherwood Hall Lane Alexandria, VA. For more information, please call Betsy Sue Scott at 703-871-5070 or Norine Swaminatha of the Alzheimer's Association at 703.766.9027."

**Becky Schaffer, Schaffer Construction**, 703-443-1861, [info@shafferconstruction.com](mailto:info@shafferconstruction.com)  
Thank you for your referrals. Schaffer Construction is now a Veteran's Administration accepted contractor. **VEGAS NIGHT OUT!** June 25<sup>th</sup> 7 – 11:00pm the first major fundraiser for the NVFPC will be at the Hyatt at Fair Lakes! Tickets are \$55. \$25,000 for the tables. Plenty of food, fun and an opportunity to support this great cause. Lots of door prizes, a silent auction and DJ. Purchase tickets online at [nvfpc.org](http://nvfpc.org).  
For sponsorships contact Rachelle Conde at 540-905-5554.

**Susan Balinger**, Spring Arbor, 703-777-9300, [lbnktg@hhhunt.com](mailto:lbnktg@hhhunt.com)  
Spring Arbor, Ribbon Cutting Ceremony will be held on May 26<sup>th</sup> from 4:00pm to 7:00pm. Come join the celebration!

**Jack Frear, Rust Library – Outreach**, 703-771-5621, [jack.frear@loudoun.gov](mailto:jack.frear@loudoun.gov).  
Books-By-Mail is available to anyone who can't get to a library. All they need to do is have a doctor, nurse or health care professional fill out a short document confirming their disability and send it to us. I have the document on file and can email, fax or mail it. Books-By-Mail is **free**; it's a Federal program. Items are mailed in a green bag; they read or watch the item and return it in the same bag by reversing the address label. Simple; NO age requirement. Contact Outreach Services at 703-771-5621.

- Festival in Roundhill on May 28<sup>th</sup> at the Fire House, pie eating contest and lots of family fun.

Thank you for your kind wishes. I am retiring this month.

**Pat Williams, GraceFul Care Inc.** 703-904-3994, [pat@gracefulcare.com](mailto:pat@gracefulcare.com).  
The Senior Prom, sponsored by the Herndon Rotary Club, will take place on Sunday, May 22, from 2:00-4:00 pm at St. Josephs Event Hall in Herndon. It's free for seniors ages 50 or better. Prom attire or Sunday best. We will have live music by the Loudoun Jazz Ensemble, food, dancing, photos, and superlatives! Call GraceFul Care to make your reservation at 703-904-3994, [pat@gracefulcare.com](mailto:pat@gracefulcare.com).  
Pat Williams, M.A.T., Certified Senior Advisor, Founder GraceFul Care, Inc 703-904-3994

**Sheila Kelly, AARP**, 571-258-9493, [sheilakelly9@msn.com](mailto:sheilakelly9@msn.com) June 25, 11:00 – 1:00pm at the Rust Library. AARP needs new chairmanship for committees.

**Amy Ohm, TreatmentDiaries**, 703-727-2531, This segment with TreatmentDiaries, the American Cancer Society and Ch3 ABC was the feature story on the 11PM news: [http://www.tv3winchester.com/home/headlines/Treatment\\_Diaries\\_121365424.html](http://www.tv3winchester.com/home/headlines/Treatment_Diaries_121365424.html) It's about 3 minutes and worth watching – the news anchor did an excellent job sharing the value and impact of TreatmentDiaries for those living with a chronic illness.

**The LSIN meetings will be held on the first Wednesday of the month at 9:00am.**  
The Rust Library, 380 Old Waterford Road, N.W., Leesburg, VA 20176, 703-777-0323.

**Maureen Clarke, LSIN Secretary, Morningside House of Leesburg.**  
703-777-2777, [mclarke@morningsidehouse.com](mailto:mclarke@morningsidehouse.com); [www.morningsidehouse.com](http://www.morningsidehouse.com)

