

LOUDOUN SENIOR INTEREST NETWORK (LSIN)

www.loudounseniors.org

MEETING MINUTES

March 2nd, 2011

1. Meeting opened by **Ray Mauk, RE/MAX Select**, LSIN Chair.
703-771-2345 x 345, Ray@RayMauk.net **Mary Jane Barney Butler, L.S.I.N. Co-Chair.**
Area Agency on Aging, 703-771-5600, MaryJane.BarneyButler@loudoun.gov
2. **Member Introductions.** Member roster is being passed around, please update.
Sign up for July and August **Spotlight 2011.**
3. **Minutes of meeting** held on February 2nd, approved.
4. **Treasurer's Report, Travis Kelley, HomeWell Senior Care**, 703-662-7500,
travis.kelley@homewellva.com. Current balance no change. PayPal is receiving payments for booth space and checks received have been deposited.
5. **LSIN web site.** www.loudounseniors.org To update your information please contact **Joyce Cimbalista**, jcimbalista@hotmail.com. Events Page for LSIN members, fill out your event information and it will be posted on the site. Check the events page for senior events.
6. **Senior Expo 2011 update: Susan Balinger**, Spring Arbor, 703-777-9300,
lbnktg@hhhunt.com Register on line through PayPal for vendor booths
www.loudounseniors.org. Register now as space is limited. Sponsorship opportunities available at the Expo, giveaways, bags for seniors. Bags will be stuffed with one giveaway and one collateral piece per vendor. Contact the committee for sponsorship information.
7. **LSIN Spotlight: Sergeant Sanford, Loudoun Co. Sheriff's Office.** Project Lifesaver to locate individuals in need 703-777-0611, Jeffrey.mees@loudoun.gov
Project Lifesaver started a year ago as a national proactive tracking program to locate people with Alzheimer's, dementia and related disorders, children with Down Syndrome and Autism Spectrum disorder who wander from home and become lost. The Lifesaver GPS equipment will locate a missing person in 30-40 minutes with 100% success rate. The person will wear a watch-like bracelet which has a radio transmitter emitting a signal every second 24 hours a day. This signal is so strong that it works through concrete and water and will be picked up by the LSI-G2 Receiver. The goal is to keep the person safe, make sure that they wear the bracelet, change the batteries and then when there is an emergency Lifesaver will detect their location.
When they get the missing person call Deputies will use the transmitter and will travel on foot, car and helicopter to locate the person quickly by providing maximum cover. Nationwide Project Lifesaver has responded to more than 1700 rescues and all were 100% successful with a recovery time of less than 30 minutes. Only 3 people are needed to locate a person so this dramatically cuts down on time and manpower. The transmitter costs \$300, there is a start up fee of \$99 and batteries cost \$25. Loudoun County Sheriff's office will only track in Loudoun County as they do not have jurisdiction for other counties.
Please spread the word about this important life saving tracking device. The Sheriff's office will accept donations to offset costs for individuals in need.
For more information, www.projectlifesaver.org/site National Project Lifesaver International Headquarters, 815 Battlefield Boulevard South, Chesapeake, VA 23322, 1-877-580-LIFE.

Jay Gutnick, Lifematters, 301-651-0407, jay@lifemattersusa.com

Lifematters is a privately owned home care company founded by Scott Thompson in 2004, providing personal and skilled home care services to VA, MD and DC. Jay became involved in home health care when he took care of his mother and needed to find in home care services. PASSION gives the best CARE personally and professionally to make lives better. Lifematters differs from other Home Health companies as they only have CNAs in private duty skilled care and LPN and RNs can care for e.g. CPAPS, feeding tubes, TPN, wound care nursing, to prevent a person going to a Nursing Home. There are extensive national background checks for all care staff as often states do not communicate background issues.

All staff has extensive training to include dementia care through the Alzheimer's Association; Oncology and chemotherapy care. Lifematters has formed a direct relationship with the Multiple Sclerosis Society wherein they have trained the Lifematters staff. Much like other specific diseases MS has its unique skill set. Rather than universal caregivers; Lifematters will assign staff with the specialty training needed to meet the patient's diagnosis and care requirements.

Lifematters is an employer based agency with no independent contractors. Jay will be your personal liaison as he cares passionately about Lifematters, the lives it changes and the care you receive. Jay is available to coordinate additional care services for ALs.

Relationship is key to the success of Lifematters. www.lifemattersusa.com

8. Announcements:

Johnny Wilkinson, HomeWell Senior Care, 703-662-7500,

Johnny.wilkinson@homewellva.com HomeWell has a Medicaid Waiver division that accepts the following waivers in Loudoun, Fairfax and Prince William counties: EDCD Personal Care, Respite Personal Care, Intellectual Disability and the new EPSDT pediatric waiver. HomeWell Senior Care is seeking Medicare skilled care partners who serve Western Loudoun County.

Andrea Brown, Morningside House of Leesburg, 703-777-2777,

abrown@morningsidehouse.com Don't be late for a very important date...

The Mad Hatter Tea Party, Thursday March 10th, 2-4:00pm at Morningside House, 316 Harrison Street, SE, Leesburg, VA 20175. By order of the Queen of Hearts R.S.V.P. abrown@morningsidehouse.com or Andrea 703-777-2777.

Jared Melvin, Loudoun Insurance Group, 571-426-2139,

jared@loudouninsurancegroup.com Loudoun County Chamber of Commerce – Join the Loudoun County Chamber and local public safety agencies as we honor Loudoun's heroic public safety personnel and everyday citizens who have "gone above and beyond the call of duty" to ensure the safety of our community.

This year marks the **26th Annual Valor Awards** - a moving event that you will not want to miss as we recognize Loudoun's finest heroes by vividly recalling their brave acts of leadership over the past year. **National Conference Center on 4/5/11 from 11:30- 2 pm.**

Sandra Fields, Great Falls Assisted living, 703-421-0690,

sfields@greatfallsassistedliving.com Great Falls Assisted Living has partnered with **Scott Maguire**, the owner of Always Best Care, and **Paula Paschal**, Manager at Maison du Vin for a *Craft Beer Tasting*. Sample beers ranging from a **Pilsner** (*lager beer with a strong hops flavor*) to an **Imperial Stout** presented by **Chris Campbell, a partner in Metro Cellars**. Enjoy two summer wines by Maison du Vin. Non-alcoholic beverage and appetizer served. **RSVP by March 16 at sfields@greatfallsassistedliving.com or 703.421.0690.**

The Human Side of Dementia: Maintaining Dignity, Making the Transition and Your Questions on **Saturday, April 30th from 10 to 11:30 PM**. Dr. Steve Simmons from DocTalkers will address issues around dementia and the continuum of care for caregivers and those with dementia as they navigate the disease and its challenges.

Dr. Simmons addresses such issues as medication, treatment, types of care and end of life. He is a leading dementia physician in the area and a speaker for the Alzheimer's Association, NCA. RSVP by April 28th at sfields@greatfallsassistedliving.com or 703.41.0690.

Tony Schaffer, Schaffer Construction, 703-443-1861, info@shafferconstruction.com Stair Lift Installation expert of the year. Become a member of the NVA Falls Prevention Coalition and advertise in the 2011 Fall Prevention Handbook & Resource Directory and the spring edition of the Source Book.

Lynette Jacobs, The Medical Team, 703-606-2880, lynettejacob@hotmail.com. Lynette is accepting donations of walkers and wheelchairs for seniors in need.

Jacque Krolick, Adult Day Center – Carver Center, 571-258-3402, jacquepenguin@hotmail.com New Alzheimer's Support Group. The new day and time is every 3rd Tuesday of the month at Adult Day Center at Carver, 200 Willie Palmer Way, Purcellville. Time is 12:30PM-1:30PM. You are welcome to bring a bag lunch. Meetings formerly held on Wednesday have been changed to Tuesday.

Joan Thomas, Birmingham Green, 703-257-0935, jthomas@birminghamgreen.org Birmingham Green: District Home Assisted Living has openings-both private and semi-private, and they also offer short-term respite, APS emergency admissions, and purchase of service – monthly agreements. The rate starts at \$1,830.00 per month, or daily \$61-67.00.

LeeAnn Philbin, Home Instead Senior Care, 703-464-1268, leeanne.philbin@homeinstead.com INOVA Loudoun Hospital. Fund raiser for growth and hospital equipment. "Springtime in Paris" at the Belmont County Club in Ashburn. 250 donor supporters, physicians and hospital personnel will attend. There will be a silent auction. This event has been postponed to June, more information at the next LSIN meeting.

Betsy Sue Scott, Law Office of Betsy Sue Scott, 703-871-5070, info@bsscottlaw.com **SAVE the DATE** - April 9th - for the Senior Symposium. Presented by the Loudoun Chapter of the Virginia Women Attorney's Association (VWAA) Time: 9am to noon. Place: Leesburg Baptist Church, Leesburg. For more information about the program and sponsorships available, contact Betsy Sue Scott, Esq., 703-871-5070 or info@bsscottlaw.com

Bonnie LaMay, Meadow Glen and Dutch Haven Assisted Living, 703-869-4529, bonnielamay@meadowglen.net Networking event on March 24, 2011, 4-6 PM at Dutch Haven, 257 Toll House Road, Maurertown, VA, 22644. R.S.V.P. Bonnielamay@meadowglen.net

Laurie MacNaughton, MetLife Senior Products Division, 703-477-1183, lmacnaughton@metlife.com MetLife Home Loans Invites You To ***Mardi Gras Madness - Music, Margaritas, and Networking!*** Friends, Clients, and Colleagues, Be Our Guest: Tuesday, March 8th 5:00-8:00 PM. Music, Margaritas, and Networking. We're looking forward to working with you for a Prosperous 2011 Location: MetLife 8521 Leesburg Pike #200, Vienna, VA 22182, R.S.V.P. salhoovie@metlife.com

Nancy Niswander, Alzheimer's Association, 703-766-9028, nancy.niswander@alz.org The Alzheimer's Association of the National Capital Area is kicking off a new program, "The Women's Initiative". The program to spread awareness, provide resources to those living with Alzheimer's disease and provide help, guidance and resources to caregivers. The Initiative will hold a luncheon to honor incredible women from around the National Capital Area spotlighting their dedication to philanthropy, volunteerism and advocacy

and awareness. The event will be held May 3rd at the Grand Hyatt in Washington DC from 11:30 to 2:00. Tickets are: \$125 general admission and \$2500 Patron Sponsor (includes table of 10). The honorees this year include:

Advocacy and Awareness: J C Hayward Philanthropy: Carol Wilner

Volunteerism: Ginger Pomata, Meryl Comber, Barbara Stevenson, Lolo Sarnoff Erica Hilary, RBC Wealth Management and Sister Kathy Weber.

Details regarding luncheon Retail Sponsorships and Patron Sponsor packets are available. <http://www.alz.org/nca/>

Jack Frear, Rust Library – Outreach, 703-771-5621, jack.frear@loudoun.gov.

Books-By-Mail is available to anyone who can't get to a library. All they need to do is have a doctor, nurse or health care professional fill out a short document confirming their disability and send it to us. I have the document on file and can email, fax or mail it.

Books-By-Mail is **free** as it's a Federal program. Items are mailed in a green bag to the person's address; they read or watch the item and return it in the same bag by reversing the address label. Very simple. Anyone interested in knowing more or wish to refer a client can contact Outreach Services at 703-771-5621.

Jack Frear Happy Retirement! Jack will retire in May and has been working for the County for almost 33 years and it's time to enjoy retirement. "I've very much enjoyed serving Loudoun residents along side my co-workers"

Marlene Zaborsky, Guide to Retirement Living, 703-992-1102,

marlene@proaging.com **The Guide to Retirement Living SourceBook**. You still have an opportunity to purchase an ad in the Northern Virginia Fall Prevention Coalition's Handbook/Directory that will be included in the next issue of the *SourceBook* and will feature distribution of 5,000 standalone copies throughout No. Virginia. Email marlene@proaging.com for more information—deadline March 15.

The next ProAging event will be March 23 at Vinson Hall. Click here for more information and to RSVP [ProAging @ Vinson Hall - Social Work Month Celebration - Hospital Case Management - An Event in McLean, VA - Retirement Living](#)

Deadline to place an ad in the Spring/Summer 2011 issue of the Guide to Retirement Living SourceBook is March 25th. Contact marlene@proaging.com or call 703 992-1102 for more information.

Jean Unger, Elder Care Strategies, 703-389-1096, jeanunger1@verizon.net Elder Care Strategies networking event. St. Patrick's Networking Event, March 17th, 3-7:00pm, 20820 Cross Timber Drive, Ashburn, VA 20147

Pat Williams, GraceFul Care Inc. 703-904-3994, pat@gracefulcare.com. GraceFul Care and Steve Gurney are convening the Aging in Reston initiative, to create a village model for Reston; they have been invited to speak to adjacent communities also to help them brainstorm to create their own village models. The goal is to encourage neighbors of all ages to help each other - to create a community for a lifetime! I welcome your ideas. Please send them to me at pat@gracefulcare.com.

Pat Williams, M.A.T, Certified Senior Advisor, Founder GraceFul Care, Inc. 703-904-3994.

The LSIN meetings will be held on the first Wednesday of the month at 9:00am.

The Rust Library, 380 Old Waterford Road, N.W., Leesburg, VA 20176, 703-777-0323.

Maureen Clarke, LSIN Secretary, Morningside House of Leesburg.

703-777-2777, mclarke@morningsidehouse.com; www.morningsidehouse.com

